



# Winter Menu 2017



## Week 1

### Monday

PASTA DAY  
Choose your topping  
Three Cheese  
Tomato and Basil  
Pesto (Nut Free)  
Ratatouille  
Garlic bread  
Salad Bar

Fruit Smoothie or Muller Corner  
Yoghurt or Selection of Fresh Fruit

### Tuesday

Fishwich  
Fish Fillet in a crispy crumb served  
with lettuce and mayo in a bun  
Or  
(V) Spicy Bean Burger in a bun All  
Served with  
Edgy Wedges and Salad Bar  
Or  
Jacket Potato with Cheese

Lemon Drizzle Cake Or  
Muller Corner Yoghurt Or Fresh Fruit

### Wednesday

Local Butcher's Roast Chicken with  
Yorkshire pudding & gravy  
Or  
(V) Roasted Vegetable Parcel, Roast  
Potatoes, Fresh Carrots & Roasted  
Parsnips and Peas

Jelly and Cream Or  
Muller Corner Yoghurt Or Fresh Fruit

### Thursday

Minced Beef Burrito (mild Mexican  
beef mince wrapped in a tortilla and  
over baked) or  
(V) Vegetarian Burrito with Jewelled  
Wholegrain & White Rice, Salad Bar  
Or  
Jacket Potato with Baked Beans

Chocolate Brownie and Orange  
Wedge or Muller Corner Yoghurt Or  
Fresh Fruit.

### Friday

Wicks Manor Farm Chipolata  
Sausages Or  
(V) Linda McCartney Sausages  
Chips, Baked Beans, Garden Peas,  
Salad Bar

Peaches and Ice Cream Or  
Muller Corner Yoghurt Or Fresh Fruit

## Week 2

### Monday

All Day Breakfast (sausage, bacon,  
Scrambled egg) Or  
(V) Vegetarian breakfast (2 x Quorn  
Sausages and Scrambled egg)  
Bread Slice Baked Beans, Button  
Mushrooms, Baked Tomato

American Pancakes with Banana  
Slice & Maple Syrup Or  
Muller Corner Yoghurt Or Fresh Fruit

### Tuesday

Homemade Traditional Chicken Pie  
or (V) Homemade Cheese and  
Tomato Quiche with Crushed New  
Potatoes Sweetcorn and Garden  
Peas

Or  
Jacket Potato with Tuna Mayo

Artic Roll Or  
Muller Corner Yoghurt Or Fresh Fruit

### Wednesday

Local Butcher's Roast Gammon with  
Yorkshire pudding & gravy  
Or  
Sage and Onion Topped Quorn Fillet  
Served with Yorkshire pudding  
Roast Potatoes, Seasonal  
Vegetables

Fresh Fruit Platter Or  
Muller Corner Yoghurt.

### Thursday

Homemade Lasagne  
Or (V) Vegetarian Lasagne  
Garlic Bread & Salad bar  
Or  
Jacket Potato with Cheese  
Gingerbread Sponge and Vanilla  
Sauce Or  
Muller Corner Yoghurt Or Fresh Fruit

### Friday

Oven Baked Young's Omega 3 Fish  
Fingers  
Or  
(V) Vegetable Nuggets  
Chips, Garden Peas, Baked Beans  
Salad Bar

Schools Homemade Cookie Or  
Muller Corner Yoghurt Or Fresh Fruit

## Week 3

### Monday

A Hearty Slice of Homemade  
Pepperoni or  
(V) Cheese & Tomato Pizza  
Served with Crispy Potato  
Cubes  
Sweetcorn & Salad Bar

Fresh Fruit Platter Or  
Muller Corner Yoghurt

### Tuesday

Pork Meatballs in a Rich Tomato  
Sauce

Or (V) Quorn Balls in a Rich  
Tomato Sauce Wholegrain and  
White Rice  
Salad Bar  
Or  
Jacket Potato with Baked Beans

Homemade Carrot Cake Or  
Muller Corner Yoghurt Or Fresh  
Fruit.

### Wednesday

Local Butcher's Roast Beef with  
Yorkshire pudding & gravy Or

(V) Vegetarian Toad in the Hole  
Roast Potatoes, Freshly Sliced  
Carrots, Whole Green Beans

Frozen Yoghurt Or  
Muller Corner Yoghurt Or Fresh  
Fruit.

### Thursday

Homemade Chicken Casserole

Or (V) Golden Vegetable Loaf  
Served with Mashed Potatoes  
Garden Peas and Sweetcorn.  
Or  
Jacket Potato with Cheese

Waffles with Fruit Or Muller  
Corner Yoghurt Or Fresh Fruit.

### Friday

Oven Baked Crispy Fillet of Fish  
in a Bubble Coating  
Or  
(V) Omelette  
Chips, Baked Beans  
Salad Bar

Homemade Fruit Flapjacks Or  
Muller Corner Yoghurt Or Fresh  
Fruit.

