

This policy was adopted by King's Ford Junior School and is currently being implemented by Iceni Academy.

ICENI ACADEMY

SEX AND RELATIONSHIPS EDUCATION POLICY

INTRODUCTION

This policy will:

- Define sex and relationship education
- Describe how sex and relationship education is provided in King's Ford Junior School and who is responsible for providing it
- Say how sex and relationship education is monitored and evaluated
- Include information about parents' right to withdrawal
- Be reviewed annually

Sex and Relationship Education Guidance (DfEE 0116/2000)

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health. Research demonstrates that good, comprehensive sex and relationship education does not make young people more likely to become sexually active at a younger age.

Moral and Values Framework

Sex and relationship education will reflect the values of the PSHE and Citizenship programme. SRE will be taught in the context of relationships. In addition, SRE will promote self esteem and emotional health and well being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

Aims and Objectives for Sex and Relationship Education at Iceni Academy

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour. This should take place with consideration of the qualities of relationships within families.

The objective of Sex and Relationship Education are:

- To provide knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self esteem and confidence, especially in their relationships with others
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives
- To help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support
- To develop skills for a healthier, safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for puberty and adulthood

The teaching programme for Sex and Relationship Education

Legal requirements

All schools must teach the following as part of the National Curriculum Science Orders.

PARENTS DO NOT HAVE THE RIGHT TO WITHDRAW THEIR CHILD/CHILDREN.

National Curriculum Science (Key Stage 2)

1. (a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
2. (f) about the main stages of the human life cycle.

- Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language, special needs, disadvantaged and looked after children.
- It is our intention all children have the opportunity to experience the programme of SRE at a level which is appropriate for their age and physical development with differentiated provision if required.

Cross-curricular approach

In Science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction including birth of a baby in years 5 and 6.

Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. In RE and Citizenship, they continue to develop an understanding of relationships within a family, between friends and community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques of resisting pressures. SRE should focus on the development of skills and attitudes not just the acquisition of knowledge.

This content has been agreed in consultation with governors, parents and teaching staff. Summer 2012

The organisation of Sex and Relationship Education

There is a designated teacher with responsibility for coordinating SRE, this will normally be the Science Leader. SRE is taught by classroom teachers, teaching assistants and, if appropriate, outside visitors such as the school nurse. SRE is taught on a two year cycle (even years) across years 3 to 6 using the Channel 4 materials listed below.

Year Three/Four

- Feelings - things which make me happy, sad, embarrassed, scared.
- Difficult situations - teasing and bullying
- How babies begin, how they are born and how they grow.
- Family trees.
- Keeping healthy, exercise and diet.
- Friendships - who our friends are and how we make and lose friends.

Year Five/Six

- Decision making and risk taking.
- Feelings about the future - changing schools, adolescence.
- Families and how they behave - what members expect of each other.
- Celebrations of birth, puberty, marriage and death in different cultures.
- Expressing feelings and how we do this - being assertive and not bullying.
- Differences and similarities in people.
- Sexuality - what it is and what words describe it.
- Body changes in me and others - why they are happening.
- Things that go into my body that help and things that harm.
- Messages about health and sexuality from television, films, books and newspapers.

A range of teaching methods which involve children's full participation are used to teach sex and relationship education. These include video, discussion, looking at case studies, drama and role play.

SRE is usually delivered in mixed gender groups. However, there may be occasions where single gender groups are more appropriate and relevant.

Resources to teach sex and relationship education include fiction, reference books, leaflets and extracts from videos.

Channel 4 Living and Growing video Unit 2 and 3

Unit 2 7-9 yrs Changes/How babies are made/How babies are born

Unit 3 9-11 yrs Girl talk/Boy talk/Let's talk about sex

Available from 4 Learning, PO Box 400 Wetherby LS23 7LG Tel 08701 246444

SRE is monitored and evaluated by the Headteacher and PSHE Governor as part of the school's development plan. As a result of this process changes will be made to sex and relationship education as appropriate.

Specific Issues

• Parental consultation

The school includes information on sex and relationship education in the school prospectus and full details of the policy are available on request.

The school informs parents when aspects of the sex and relationship programme are taught and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of sex and relationship education not included in the National Curriculum Science Orders (see school website for a copy of this document) and alternative work will be set.

• Child Protection/Confidentiality

All teachers are aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

Any issues arising will be taken to the Headteacher/Designated Child Protection Person in line with LEA and school procedures for child protection.

A member of staff cannot promise confidentiality if concerns exist.

• Links with other policies

This policy is linked with the following policies:

PSHE and Citizenship

Equal Opportunities

Child Protection

Confidentiality

Behaviour

Anti Bullying

• Dealing with difficult questions

Ground rules are essential to provide agreed structure to answering sensitive or difficult questions. At Iceni Academy we use an anonymous question box as a distancing technique.

Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision will be made to meet the individual child's needs.

Use of visitors

"Visitors should complement but never substitute or replace planned provision. It is the PSHE co-ordinator's and teacher's responsibility to plan the curriculum and lessons." Sex and Relationship Guidance DfEE 0116/2000 p29 6.11

When appropriate visitors such as the school nurse may be involved in the delivery of sex and relationship education.

Children with Special Needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of sex and relationship education. Planning in this subject will need to reflect any special provision.

Monitoring and Evaluation

Monitoring is the responsibility of the Headteacher, named governor and teacher with responsibility for Sex and Relationship Education.

The school will assess the effectiveness of the aims, content and methods in promoting students' learning by lesson observation, sampling teachers planning, questionnaires to teachers and children and feedback from parents.

The effectiveness of the SRE programme will be evaluated by assessing children's learning and implementing change if required.

Any changes to SRE policy will be reflected in the school prospectus.

SRE issues will be included in the induction programme for all new members of staff.

This policy will be reviewed by.....

Adopted by Governors

Signed by Chair of Governors Date.....